

BE LAW

BARR ELLISON

hoohaah



Event Information

Barr Ellison hoohaah
Ickworth 10km

Sunday 2nd July





Dear Competitor,

Thank you for entering the Barr Ellison hoohaah Ickworth 10km.

ATW advises you read this information document carefully in advance of Sunday, July 2nd (event day), so that you can enjoy the event to its fullest. There will be a final briefing 10 minutes prior to the event, on the start line.

Address:

The Rotunda, Horringer,
Bury Saint Edmunds IP29
5QE

**Registration opens at:
8:30am** and will remain
open until **9:25am**.

Course distances and Start
times are as follows:

**10km (1 lap). The event
starts at 9:30am.**

We ask that after
registering trail runners
move away from the HQ
area to warm up and
prepare for your race.

It is vital that we know
exactly who is attending
this event so you must not
give your race number to
any other person if you
can't attend for any reason.



Venue

The Rotunda, Horringer, Bury Saint Edmunds IP29 5QE

Follow ATW signage towards the Car Park and Race HQ.

Parking

Ample Parking is available - please follow the car park marshal instructions.

Changing and Toilets

There will be no changing facilities on site so please come ready to race. There are toilets available in the form of a toilet block a short walk away from HQ.

Baggage

A baggage area will be provided next to the registration desk as HQ is a few minutes walk away from the car park.

Headphones

Headphones are permitted to be worn, but we recommend bone conduction headphones with the volume low so that you can hear the instructions of marshals, other runners and members of the public enjoying the venue.

Refreshments

Porters Lodge Café at Ickworth House will be open from 8.30am.



Registration

Registration Opens: 8:30am and will close at 9:25am.

At registration you will be required to give the name you used to sign up to the event online.

In exchange, you will be given 1 race number. The number must be worn visible on your front for the run. The numbers can be pinned to your top.

Additional safety pins will be available at registration if required.

Photography

We will have an official photographer at the event. The pictures of all the races will be made available for you to download via the ATW photo page at [2023 \(Active Training World\) \(atwevents.co.uk\)](https://atwevents.co.uk). If you wish for any of the published photos to be removed, just let us know.

Spectators

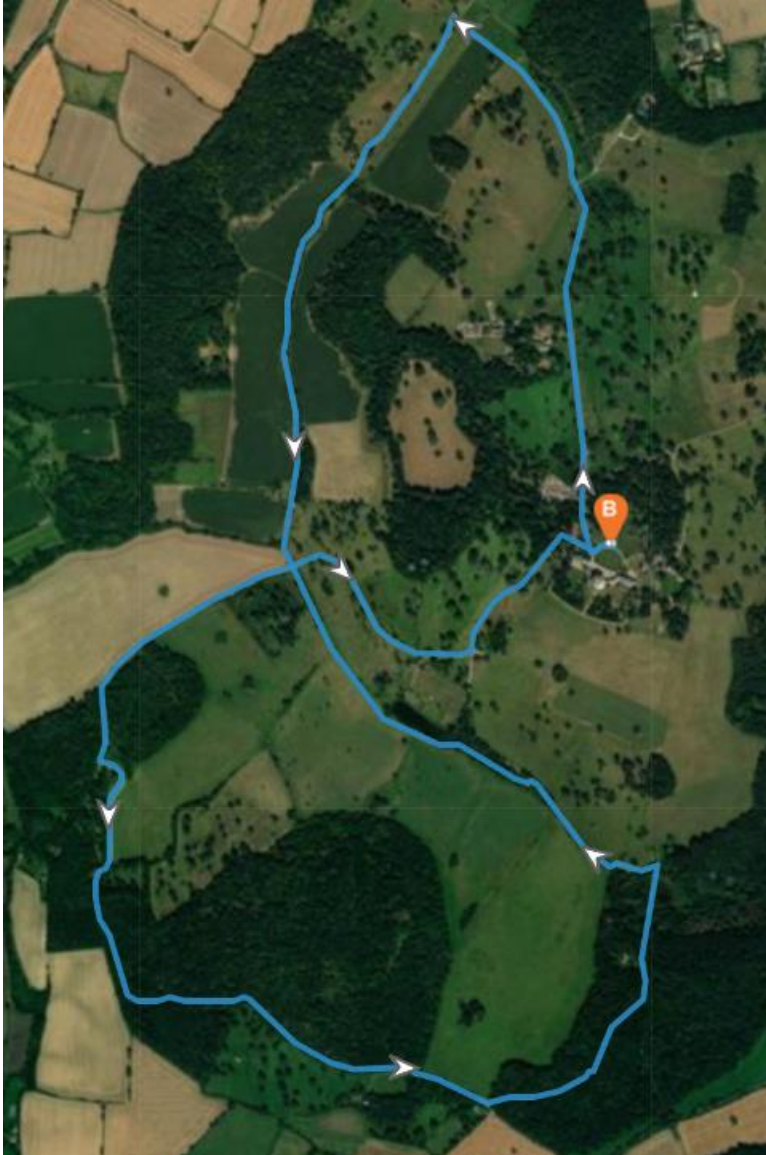
Spectators are encouraged to attend our events to give that extra support to friends and family taking part. Could spectators arrive in the same vehicle as participants as there is a limited number of parking spaces at the venue.

Marshals

Did you know marshals at our events get money and free race entries. If you know people who may wish to be involved with ATW events then ask them to email

racemakers@activetrainingworld.co.uk

hoohaah Ickworth 10km Course



**Number of
Laps:
10km – 1 Lap**

The Barr Ellison hoohaah Ickworth Trail is a single lap, traffic free 10K route that starts in front of the classical rotunda and follows the Ickworth Monument multi-use trail through the parkland and woodland of this stunning National Trust estate. Ickworth is nestled in rolling countryside and some moderate hills form part of the course. Littering on the course is prohibited – please ensure that you carry all litter with you to the next bin. Anyone seen littering will be penalised.

Race Briefing

The race briefing will take place 10 mins before the start on the start line.



Timing

The event will be chip-timed. Your registration pack will include your race number and a chip, this chip must be worn on your left ankle. Start time will be based off the gun time.

Results

Results are calculated by ActiveTrainingWorld's timing partner, EventChipTiming. Your time will be uploaded to their website within seconds of you crossing the finish line. There will be no ticket printer for times at the event, but you can find your result immediately at: [All Races \(eventchiptiming.com\)](http://eventchiptiming.com)

The chip data requires WIFI access and occasionally we have to load this data in manually after the event if the connection is lost. If you have a query on your chip time, please wait until the evening of the event before raising the query.

A full set of results will be available on the results page after the event.

Cambridge City foodbank

A collection point for Cambridge City foodbank will be next to registration. THEIR CURRENT MOST NEEDED LIST:

TINNED TOMATOES, UHT MILK, TINNED RICE PUDDING, BREAKFAST CEREALS, TINNED MEALS EG. CHICKEN IN SAUCE, CHILLI CON CARNE, TINNED HAM, NOODLES, TINNED VEGETABLES, PASTA SAUCE, LONG-LIFE PUDDINGS, LONG LIFE FRUIT JUICE, INSTANT COFFEE (SMALL JARS), COOKING OIL & BAGS FOR LIFE.

Final word

We hope you are excited to be a part of this occasion. Have fun and race well!